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CITY WINERY CHICAGO ANNOUNCES WINE AND YOGA COLLIDE WITH SPECIAL VINYASA AND VINO EVENTS

PLUS: WINE EDUCATION AND PAIRINGS WITH COMEDIAN LAURIE FORSTER PUBLIC TICKETS ON SALE NOW FOR ALL EVENTS

CHICAGO (May 23, 2018) – City Winery Chicago, 1200 W. Randolph Street, announces yoga/wine events and a comedic wine pairing event with **Laurie Forster**, "The Stand Up Sommelier™." Tickets for the following events are <u>on sale now</u>. All tickets are available at <u>citywinery.com/chicago</u>.

Something to Wine About™ – A Comedy and Wine Pairing Event with Laurie Forster Saturday, June 2 at 5:30 p.m. and 7:30 p.m. \$45

Something to Wine About[™], hosted by **Laurie Forster** aka The Stand-Up Sommelier[™] Radio personality, award-winning sommelier and comedian, delivers an edgy, off-beat hilarious show where wine meets punch line. In her Jersey balls-to-the-wall approach to wine education, Forster peels back the labels of a few of her favorite wines while she exposes some the deep secrets of the wine industry. Something to Wine About[™] is an original comedy show and wine tasting that includes on-stage audience participation. During the show, Forster leaves no stone unturned when it comes to talking about wine. Tickets include wine tastings, light fare and unlimited laughs. Seating is limited so advance purchase is suggested.

Hip Hop Yoga – Warriors and Mimosas

Saturday, June 23 at 11 a.m. and 1:30 p.m. \$25

Hip Hop Yoga Warriors and Mimosas is back and happening on Saturday June 23 at City Winery Chicago! Attendees will enjoy a 60-minute energizing flow led by yoga instructor **Jaimee Ratliff**, all set to hip hop tunes. Mimosas will be served after class and wellness goodies will be raffled to attendees. **Jaimee Ratliff** is a certified yoga teacher, writer, world traveler and passionate advocate for living a life she loves. Her classes offer a fun, challenging vinyasa power flow for students of all levels, shapes, colors and sizes. Ratliff wholeheartedly believes that yoga is for everyone. Off the mat, she can be found exploring the world, and working earnestly to cultivate the same peace, contentment, and balance she experiences on the mat, out in everyday life.

Vinyasa and Vino - Yoga and Wine Tasting

Sunday, June 24 from 2-4 p.m.

Join City Winery for an afternoon that will strengthen the mind, body, soul, and taste buds! Maria Rosner, a seasoned yoga instructor and wine aficionado, presents 75-minutes of yoga instruction followed by a tasting of City Winery wines. Rosner has been teaching yoga for almost 20 years, in Chicago and her second home in Southwest Michigan. As a lifelong athlete and fitness enthusiast, Rosner discovered yoga at a physically and mentally stressful time in her life. The effects of yoga on her health and wellness were so profound that she made it her vocation to teach. Rosner currently teaches at several of Chicago's premiere yoga and fitness studios, including East Bank Club, Yogaview, Nature Yoga Sanctuary, the Chicago Athletic Clubs, and the Woman's Athletic Club of Chicago. She continues to teach classes and create unique yoga "events" in Michigan, combining wine and yoga at Dablon Vineyards in Baroda; live music and yoga at the beach in Benton Harbor; and most recently, art and yoga with her friend and watercolor artist, Julie Christian Bender. Tickets include 75-minute yoga instruction and one glass of City Winery wine. Wine flights will be at an additional charge. The class will be taking place on City Winery's mezzanine level.

Opened in 2012, City Winery Chicago is a fully operational winery, restaurant with outdoor patio, concert hall and private event space located in the heart of the West Loop at 1200 W. Randolph, in the historic urban Fulton Market district. Once a refrigerated food distribution warehouse, the 1911 building has been transformed into a contemporary 33,000 square foot haven for those passionate about wine, music and culinary arts. The décor evokes the romance of being in wine country, from the exposed stainless steel fermenting tanks and French oak barrels, to the aroma of fermenting grapes. The West Loop's only fully operation winery has produced dozens of in-house wines sourced from vineyards in California, Oregon, Washington, Argentina and Chile, including a Wine Enthusiast 92-point 2015 Verna's Vineyard Reserve Pinot Noir. With more than 400 unique producers from around the world City Winery is recognized with 2014 and 2015 Best of Awards of Excellence "for having one of the most outstanding restaurant wine lists in the world" by Wine Spectator. The globally inspired, locally sourced, winefocused food menu is conceived for pairing and sharing. The concert hall accommodates up to 300 guests, all seated at tables with complete beverage and dining service, ensuring a comfortable "listening room" experience enhanced by a state-of-the-art Meyer Sound system. Riedel is the official and exclusive provider of glassware, showing City Winery's commitment to enjoying quality wine in a quality vessel. American Airlines is the Official Airline and Virgin Hotels Chicago is the Official Hotel of City Winery. For more information, please visit www.citywinery.com.

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